

"We came together at a crossroads, from coasts to mountains, from valleys to jungles, from countryside to cities, from rivers to deserts, to talk and to listen to each other, to gather the harvest of our capacity building process on Care and Sustainable Activism. This convening gathered activists and defenders that participated in two different and enriching processes: Mesoamerica (2013-2015) and the Andean Region (2016-2018). We met to recognize what had changed in each of us, and to offer and exchange knowledge that contributes to our understanding of care and protection. And, that can strengthens our relation to our body-territories, the earth, the planet and to the organizations of which we are a part and of the women and feminist movement of the Region."

Luz Stella, Coordinator of the Sustainable Activism Program.



This convening gathered **25 defenders** and **activists** from various organizations and movements.

Coming from 12 countries of Mesoamerica and the Andean Region.

Mexico, Guatemala, Honduras, El Salvador, Colombia, Venezuela, Ecuador, Peru, Bolivia, Chile, Nicaragua and Paraguay





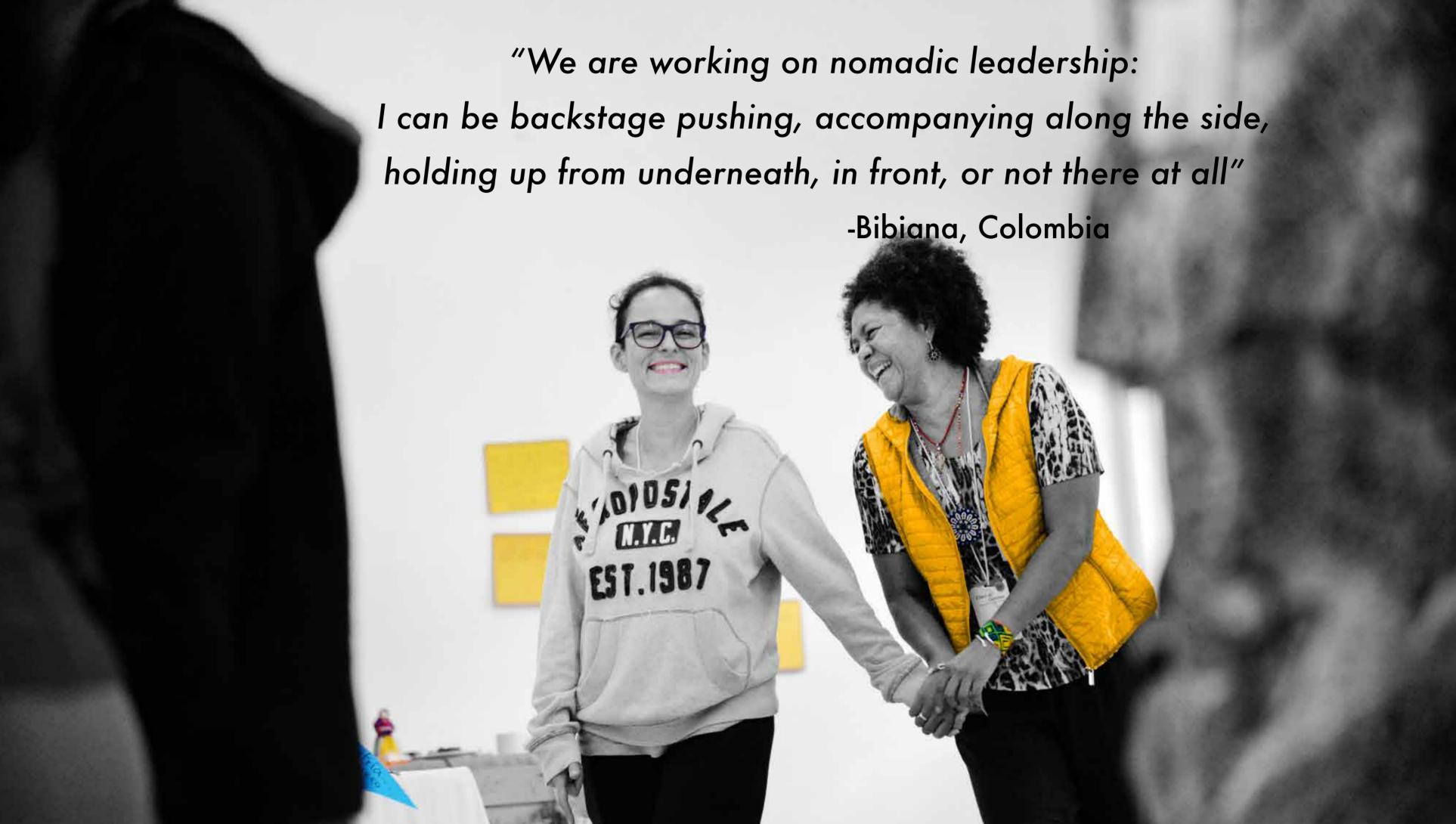


























For 11 years, through **Sounds of the Conch**, UAF-LAC has made this call to the heart of activists and defenders of the Region.

This exchange is proof that we have in our hands a meaningful, conscious and spiritual legacy, with which we strengthen bonds of support and care between us, in face of realities that outrage us and proposals that encourage us to sustain LIFE.

